

starters / light bites

Homemade Soup of the Day, French Bread & Butter £3.75

Garlic Mushrooms, Salad (v) £4.25

Deep-fried Camembert, Cranberry Sauce, Salad (v) £5

Duck & Green Peppercorn Pâté, Melba toast, homemade Cumberland Sauce £5.75

Scottish Smoked Salmon, tossed Green Salad, Lemon, Brown Bread £6

Breaded Whitebait, Salad, homemade Tartare Sauce £6.50

Warm Pernod Tiger Prawn Salad, with Green Leaves, Lemon, Brown Bread £7

main courses

Three local farm Egg Omelette, Chips, Salad £6.50

Choose **one** or **two** fillings from: Cheddar Cheese (mild or mature), Somerset Brie, Stilton, Home-cooked Ham, Sausage, Bacon, Mushroom, Onion or Tomato (**plain Omelette £5.50**)

Ploughman's or Salad £7.50

Choose **one** main ingredient from: Cheddar Cheese (mild or mature),

Somerset Brie, Stilton, Pâté, Sausage, Chicken, Home-cooked Ham, Lamb, Beef

Ploughman's: Mixed Salad, Apple, Celery, Branston Pickle & French Bread & Butter

Salad: Mixed Salad, Beetroot, homemade Coleslaw & a hard-boiled local farm Egg

Warm Goats Cheese Salad £7.50

Rocket & Tomato Salad served with homemade warm Smoked Back Bacon

& Balsamic dressing, Goat's Cheese & French bread & Butter

Hand-made Chanctonbury Sausages & Mash, rich Onion Gravy £9

Home-cooked Ham or Chanctonbury Sausages, two fried farm Eggs & Chips £7.50

Chequer Inn Beef Burger £8.50

Homemade, served in a bun, with Chips, Salad & mild Salsa on request

with Cheddar / Stilton / Bacon **£9**, with Cheddar & Bacon / Stilton & Bacon **£9.50**

Deep-fried Whole-tail Scampi, Chips, Peas or Salad, Lemon, Tartare Sauce £9

Ale battered Cod & Chips, Peas or Salad, Lemon, Tartare Sauce £10

Thai Crab Cakes £9.75

Homemade with fresh Crabmeat, Spring Onion & Ginger, with Chips, Salad, Sweet Chilli

Steak, Mushroom & Dark Star Sussex Ale Pie, Chips, Salad £10

Our famous Fish Pie £12.50

Locally supplied Salmon & Cod fillet, Norwegian Prawns & Tiger Prawns, White Wine &

Dill sauce, topped with Mash & Cheddar Cheese, served with Peas & Salad

Pan Seared Tuna Loin Steak (8oz) £11

served with a tossed Green Salad, New Potatoes, Lemon, Butter & Parsley sauce

Fresh, locally supplied, Sirloin Steak (10oz) £14.50

Char-grilled to order, with Chips, Mushrooms, homemade Onion Rings & Peas or Salad

add one of our superb homemade sauces for £3

flambéed to order, served separately in a pouring jug, choose from:

Diane, Blue Cheese, Peppercorn, Creamy Garlic

Cheddar Cheese & Red Lentil Bake, Tomato Concassé, Chips & Salad (v) £9

dessert

Cheese & Biscuits (v) £6.50

For all other Desserts please see the daily Sweets blackboard

sunday lunch menu

served 12 midday - 2.30pm

please order at the bar

Locally supplied, home-cooked

Roast topside of Beef,

English leg of Lamb,

or Honey Roasted Ham

all served with Yorkshire Pudding,

Seasonal Vegetables, New & Roast Potatoes

2 course large Roast £11

2 course small Roast £8.50

your choice of Sunday Roast

plus a starter or dessert from the blackboard

Also available on our Sunday Lunch Menu:

Thai Crab Cakes £9.75

Homemade with fresh Crabmeat, Spring Onion & Ginger,
served with Chips, Salad & Sweet Chilli sauce

Chequer Inn Beef Burger £8.50

Homemade, served in a bun, with Chips, Salad & mild Salsa on request
with Cheddar / Stilton / Bacon £9, with Cheddar & Bacon / Stilton & Bacon £9.50

Ploughman's or Salad £7.50

Choose **one** main ingredient from: Cheddar Cheese (mild or mature),

Somerset Brie, Stilton, Pâté, Sausage, Chicken, Honey Roast Ham, Lamb, Beef

Ploughman's: mixed Salad, Apple, Celery, Branston Pickle & French Bread & Butter

Salad: mixed Salad, Beetroot, homemade Coleslaw & a hard-boiled local farm Egg

Cheese and Red Lentil Bake, Tomato Concassé, Chips & Salad (v) £9

To book a table, please pop in or ring: 01903 814437

breakfast menu

served Monday - Saturday 10am - 12 midday
& Sunday 10am - 11.30am
please order at the bar

Chequer Inn Full English £7.50 (small version £5.50)

(Our famous breakfast, proudly made with top quality ingredients)
2 hand-made Chanctonbury Sausages, 2 Smoked Back Bacon,
2 fried local farm Eggs, Mushrooms, Heinz Baked Beans,
2 Hash Browns, Tomato & Black Pudding
served with Toast or Fried Bread & Tea or Coffee

Posh Breakfast £7

(Highly recommended, try it and find out why...)
Scottish Smoked Salmon & Scrambled Egg, with Mushrooms, Tomato & 2
Hash Browns, served with Toast & Tea or Coffee

Armageddon £10

(If this was your last day on earth, this is what you'd have for breakfast...)
4 hand-made Chanctonbury Sausages, 4 Smoked Back Bacon,
2 fried local farm Eggs, Mushrooms, Heinz Baked Beans,
4 Hash Browns, Tomato & Black Pudding
served with Toast or Fried Bread & Tea or Coffee

Vegetarian Breakfast (v) £6.50

2 Leek, Potato, Caerphilly & Cheddar Sausages, Mushrooms,
2 fried local farm Eggs, Heinz Baked Beans, 2 Hash Browns,
& Tomato, served with Toast or Fried Bread & Tea or Coffee

Breakfast Sandwiches:

Bacon £3.30, Egg £3.30, Sausage £3.30, Bacon & Egg £3.70,
Sausage & Egg £3.70, Sausage & Bacon £3.80
Sausage, Bacon & Egg £4.20 (for baguettes add £1)

Two warm Croissants & a cup Tea or Coffee (v) £2.95

served with Butter and Preserves

Tea £1.60 (pots for two or four are also available)

Filter Coffee £1.60 (with a free refill on request)